

First published NMR image of the head (Holland et al., 1980)

Fig. 4-46. The first published NMR reconstructed image of a head. (From Holland GN, Morre WS, Hawkes RC: J Comput Assist Tomog 69:262-277, 1980.)

FDA approved for clinical use in 1985.



Multiple sclerosis – Clinical trials for MRI began in 1983, FDA approved two years later, in 1985.

Sensitivity of MRI to MS lesions compared to computerized tomography: 10 to 1

Nuclear magnetic resonance

- When an electromagnetic (EM) pulse is applied to nuclei in a magnetic field, the nuclei absorb energy from the EM pulse and radiate this energy back out again.
- The energy radiated back out is at a specific "resonant" frequency which depends on the number & types of nuclei, and the strength of the magnetic field.
- Many scientific techniques exploit NMR phenomena to study crystals and non-crystalline materials through <u>NMR spectroscopy</u>.

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(A)
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(B)



Felix Bloch and Edward Purcell: Nobel Prize in Physics, 1952: NMR

FUNCTIONAL MAGNETIC RESONANCE IMAGING, Figure 1.11 @ 2004 Sinauer Associates, Inc.

Bloch measured nuclear magnetic resonance in a block of material (paraffin wax) that was placed in a magnetic field.

Purcell did the same with a container of water, devising a method that is identical to the basic MRI system: A static magnetic field, a transmit EM coil, and a coil for detecting emitted energy.

Nuclear magnetic resonance:

• Step 1: Atoms with an uneven number of protons act as dipoles. When placed in a strong static magnetic field, they will align with the field and precess around that axis.



MRI Signal:

• Step 2: Apply energy pulse (normally in the radio frequency range) at the resonant frequency of the molecule – the energy will be absorbed.



MRI Signal:

 Step 3: Turn off the RF pulse, and the molecule gives off the absorbed energy over time (relaxation rate), which can be measured with an RF receiver coil. This is *magnetic resonance*.

Relaxation state



NMR Spectroscopy



National laboratory's high magnetic field (18.8T) NMR spectrometer.

Magnetic resonance imaging

A medical imaging technique using the principles of NMR to visualize structure and function of the body.

MRI requires:

- 1. A strong static magnetic field
- A series of oscillating electromagnetic fields (pulse sequence)
- 3. A radio frequency receiver to measure radiated energy.

MRI Signal:

- Molecule of interest: Hydrogen
- Why hydrogen? Lots of it in the brain (water)
- Differs in densities across tissue types (least in white matter, more in gray matter, most in CSF)
- Also differs in the strength of bonds (water is freely diffusing in CSF, but more tightly bound in fatty tissue such as myelin)
- Both these properties will affect the *relaxation rate* how fast the water molecule returns to its low energy state
- Differential relaxation rates across tissue types will result in contrast – differences in signal intensity

The first MR image of the human body.



(B)



Raymond Damadian, 1977 First cross-sectional image of the human body.

Damadian showed that magnetic resonance of water differed depending on the type of biological tissue in which it was bound (Science, 1971). He built the first large-bore magnet called "Indomitable", producing a cross-sectional image of the human body composed of 106 voxels. Each voxel was obtained separately, by moving the person's position slightly. Total imaging time was 4 hours. UNCTIONAL MAGNETIC RESONANCE IMAGING, Figure 1.13 © 2004 Sinauer A



Paul Lauterbur and Peter Mansfield, Nobel Prize in Medicine, 2003: MRI

Lauterbur (1976) applied gradients to the static magetic field so that the field strength differed depending on the spatial location. The resonant frequency of hydrogen would therefore differ across spatial locations. The amount of energy emitted at a given frequency would determine where it was located in 2D space.

Peter Mansfield (1976) found a more efficient way of collecting the signal, by applying a single EM pulse, and then acquiring signal continuously while you changed the spatial gradients. Then the complex signal could be reconstructed with Fourier analysis.

Nobel laureates Paul Lauterbur (A) and Peter Mansfield (B).



A. Lauterbur's imaging method: A beaker with two tubes of water. Signal was obtained from multiple angles around the object, with spatial gradients applied to the magnetic field. *Backprojection* methods were then used to reconstruct a 2D image of a crosssection of the water tubes.

The politics of science

- MRI approved for clinical use in 1985 at 1.5T.
- 3T was approved for clinical use in 1996.
- The Nobel Prize for Medicine was awarded jointly to Lauterbur and Mansfield in 2003 for the development of MRI. Damadian was not included in the prize, although he was also a nominee. Damadian took out a full-page ad in the New York Times explaining why he believed that he had, in fact, invented magnetic resonance imaging.

MRI Methods

MRI: High resolution images of brain structure.

- **functional MRI:** Measures changes in local hemodynamic changes due to neural activity using static magnetic field and oscillating transmit/receive radiofrequency coils. Good spatial localization, good temporal resolution, noninvasive.
- **Perfusion MRI:** Measures local perfusion, has been used to measure hemodynamic responses to neural activity, much like fMRI. Possibly more directly localized response to active tissue than fMRI.
- **Diffusion MRI:** Measures directional movement of molecules, tractography, identifying pathological conditions. Used most commonly to assess integrity of white matter and anatomy of white matter tracts.

40 yr old woman, T2 and PD MRI taken 8 hrs after presenting with aphasic symptoms vs 4 days later



T2 weighted

Proton

density

8 hrs post-stroke

4 days post-stroke

26 yr old female with Multiple Sclerosis. Lesions are clearly evident on T2 weighted image (middle).



PD T2 T1

Note how difficult it is to differentiate where ventricles end and abnormal white matter begins.



Multiple sclerosis:

T2 FLAIR (fluid attenuation inversion recovery)

Now, CSF is dark, and abnormal white matter is easily differentiated from the ventricles. 71-yr old man presenting with hemorrhage into a glioma.



- A. Axial T1 spin-echo (TR/TE = 600/15)
- B. Axial T2 image (TR/TE = 3400/90)

Note how much more region of abnormality is evident on T2, and that the hyperintense region on T2 differentiates on T1

Voxel based morphometry

Basic Premise:

Spatial Normalization into standard space Segmentation of tissue classes Smoothing Voxel-wise parametric tests

Voxel-Based Morphometry Pre-processing Overview



Segmentation – Example final maps



T1

gray

white

CSF

Advantages

- Automated: fast and not subject to individual bias.
- Able to examine regions that are not anatomically well defined.
- Able to see the whole brain rather than choosing specific regions.
- Can be normalized for overall differences in brain volume, but also small regional variations in volume which will otherwise add variance to regional measurements.

Disadvantages

- Crucially depends on accurate normalization.
- Shape errors: Gray matter sulcal folding patterns are very heterogeneous, thus registration is always poor.
- Crucially depends on a priori probability maps which template do you use?
- Assumes normal gray-white contrast which is disrupted in presence of pathology and young/old.
- Assumes brain is gray, white, CSF, no model for strokes or tumor.
- Looks for differences in volume, which can be disrupted if shape of brain is different: problem for developmental disorders, aging.

Correlation between BMI and Gray Matter Volume

• p.05

• Covariate: Age, AI drug use, Hypertension, ICV





Decline Volume with Increasing BMI Increase Volume with Increasing BMI

Correlation between BMI and Gray Matter Volume

- Multiple regression p.05
- Covariate: Age, AI drug use, Hypertension, ICV





Decline Volume with Increasing BMI Increase Volume with Increasing BMI



Functional MRI signal

- MRI signal is dependent on field strength of the magnet and the properties of the tissue.
- Also dependent upon changes in local environment.
- Paramagnetic substances (such as deoxyhemoglobin) will lead to loss of local signal on T2* weighted image.

Measuring brain activity

- ERP: Measuring electrical potentials in the brain through electrodes placed at the scalp. Excellent temporal resolution, but poor spatial resolution. The "inverse problem"....
- **MEG:** Measures small changes in magnetic fields caused by localized electrical activity of neurons, also through scalp recording. Moderate to good temporal resolution and spatial localization.

Inverse problem still applies.

- **PET:** Radioactive isotopes used to label metabolically active substances (glucose, oxygen, etc), injected, taken up by tissue, which then decay over time measured. Poor temporal and spatial resolution (also invasive).
- **fMRI:** Measures changes in local hemodynamic changes due to neural activity using static magnetic field and oscillating transmit/receive radiofrequency coils. Good spatial localization, good temporal resolution, noninvasive.
- **Perfusion MRI:** Measures local perfusion, has been used to measure hemodynamic responses to neural activity, much like fMRI. Possibly more directly localized response to active tissue than fMRI.
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Neuroscience techniques differ in their spatial and temporal resolution.



Where does fMRI fit? Functional measurement techniques compared by spatial and temporal resolution.

Functional MRI signal



Local neuronal activity

Increased local metabolic rate

Increased blood flow

Increased oxygenated hemoglobin

 \longrightarrow Uptake of O₂ less than supply

Surplus oxygenated hemoglobin

Decreased concentrations of deoxyhemoglobin

Increased local fMRI T2* signal

BOLD Contrast

Resting state



Stimulated state

Determining Activation: A subtraction measure

Subject is scanned at rest (R)

Subject is scanned during cognitive task (C)



signal

HbO₂

Regions of activity are determined the *differences* between scan R from scan C.



Caveats regarding fMRI:

- Tertiary measure of neuronal activity.
- Very small signal changes, on order of 1 to 3%.
- Signal change predominates in region of large draining veins, not gray matter, and may vary in locality.
- Extremely sensitive to motion.
- Hemodynamic response is delayed 15 msec scan, but 10-12 sec response

The hemodynamic response takes time, even for a single, fast behavioral response



Motion: The magnetic field is static, but your participant is not....

time





Posterior cortical regions showed differential changes in neural activation resulting from format-specific priming.



Left occipital lobe

Ryan & Schnyer, 2005

Hyperscanning fMRI: Two or more participants are scanned at the same time, scanners linked in time – allows more traditional experiments to occur, real interactions between subjects



Functional Magnetic Resonance Imaging 2e, Figure 11.5

Free viewing: (Hasson et al., 2004) Identification of movie content that resulted in correlations of brain regions between subjects: An example of reverse inference.



Biofeedback in fMRI research: Using real-time reconstruction to provide information to subject – used to control emotional responses to stimuli, possibly teach older adults to engage frontal lobes....



Pattern classification: A conceptual overview of multivoxel pattern classification of fMRI data



Functional Magnetic Resonance Imaging 2e, Figure 11.17

Roebroeck et al. 2005, showing input regions (X) that influence the output regions (Y) based on Granger causality analysis.



Functional Magnetic Resonance Imaging 2e, Figure 11.12

Diffusion-Weighted MRI

- Measures motion of water molecules
- It is sensitive to microstructural changes in gray and white matter
- Clearly identifies myelinated axons
 Can be used to create maps of white matter tracts
- A measure of edema
 - Assessing strokes and other damage to brain tissue

 Diffusion. Over time, molecules within gases or liquids will move freely through the medium.



 MRI diffusion-weighted gradient causes changes in the MR signal that are dependent upon the amplitude and direction of diffusion



- Isotropic diffusion no restrictions in the direction of movement, measured as the apparent diffusion coefficient (ADC)
- Anistropic diffusion movement is restricted in one or more directions, measured as fractional anisotropy (FA)
- Where movement is relatively unrestricted, ADC will be high and FA will be low
- Where movement is relatively restricted (e.g., in a myelinated axon), ADC will be lower and FA will be high

H₂O Diffusion Probes Microscopic Structures In the Brain

Optic nerve fibres George Bartzokis

Measures:

- Density of axons
- Degree of myelination
- Average fiber diameter
- Directionality of axons



Along the axon, within the cytoskeleton, there is a large Apparent Diffusion Coefficient (ADC)

Resting state connectivity: Functional MRI patterns of correlation among voxels during "resting state" shown by Biswal et al. (1997)

Most often done by seed analysis during the task – asking which voxels are most strongly covarying with a voxel from a particular region



Functional Magnetic Resonance Imaging 2e, Figure 11.7

Resting state connectivity: Identifying stationary sets of voxels whose activity covaries across time and are maximally distinguishable from other sets of voxels.



Functional Magnetic Resonance Imaging 2e, Figure 11.2

Using ICA to identify brain networks showing high resting-state connectivity (Beckmann et al., 2005)

(A) Medial visual pathway



(C) Auditory system



(E) Visuospatial information processing system



(G) Right dorsal visual stream



(B) Lateral visual pathway



(D) Sensorimotor system



(F) Executive control system



(H) Left dorsal visual stream





Mean Diffusivity (MD) summarizes diffusion in all directions

- Diffusion-weighted imaging common for clinical applications
- Measurements in only three directions



Fractional Anisotropy (FA)

- Measure of degree of anisotropy regardless of direction
- Brighter areas correspond to areas with high degree of diffusion

$$FA^{2} = \frac{(I_{x} - I_{y})^{2} + (I_{x} - I_{z})^{2} + (I_{y} - I_{z})^{2}}{2(I_{x}^{2} + I_{y}^{2} + I_{z}^{2})}$$



Tensor Model of Isotropy



Isotropic

Anisotropic

Fiber Assignment by Continuous Tracking FACT (Mori et al., 1999)

- Starting in a seed voxel, move to voxel edge in highest direction
- Use tensor from next voxel
- Continue until the next edge (with variable step size)
- Paths fall between data samples: separates tensor sampling resolution and path resolution



High-angular-resolution diffusion imaging and Qball vector analysis (Tuch)



- HARDI is a MRI imaging technique that is able to better capture the intra-voxel diffusion patterns.
- Instead of assuming a single ellipsoid, it considers multiple directions of fibers within a voxel
- Probabilistic tracking through multiple adjacent voxels

Diffusion tensor MRI -- Tractography

- Red movement along the X axis (right to left)
- Green movement along the Y axis (anterior to posterior)
- Blue movement along the Z axis (superior to inferior)
- Requires very high numbers of directions (very minimum is 6 directions), small voxels (high resolution), extremely long imaging times



Combining functional and diffusion connectivity patterns in young and older adults.



Functional Magnetic Resonance Imaging 2e, Figure 11.14

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Positron emission tomography

Cyclotron creates an isotope, where extra protons are added to the nucleus, creating instability.

Isotope is connected to the compound of interest (such as oxygen or glucose) and injected.

As the molecule decays, it emits a positron which is annihilated when it collides with an electron.

Annihilation event releases energy (photons) that can be measured with detectors.

A cyclotron is used to create the isotope, adding additional protons to molecules of interest, such as oxygen, glucose, etc.







The radioactive isotope is injected into the subject, and is taken up by the brain into metabolically active regions. Detectors measure events as the isotope decays.

Annihilation: Decay via positron emission



Conservation of momentum:

Before: system at rest; momentum ~ 0

After: two photons created; must have same energy and travel in opposite direction. Emits gamma ray (two photons), travelling a path 180 degrees from the site of annihilation.

Sufficient energy in gamma rays to increase probability of passing out of brain without attentuation

Scatter (how far the positron moves away from molecule) is 2 mm or less.

Coincident detection

Scintillating crystal detectors in circumferential arrays, measure coincident events only.

Essentially counts coincident events, assumes a line of events (180 degrees).



Tomographic problem, reconstruction using back-projection



PET tracers:

1. Oxygen - HL is 1.5 mins.

[150]-labeled water and oxygen used in quantification of oxygen consumption.

2. Carbon - HL is 10.0 mins.

[11C]-labeled cocaine used to measure responses of dopamine D2 receptors during acute and chronic drug use.

3. Flourine - HL is 109 mins.

[18F]-2-deoxyglucose (FDG) most often used in activation studies. Also used to label L-Dopa and fluoroethylspiperone which bind to D2 dopamine receptors.



PET scans from a normal aged subject and two patients with probable AD. AD1 has a asymmetric metabolic lesion. AD2 shows decreased glucose metabolism bilaterally, also with a posterior distribution. Measuring the pathology of AD: New tracer for A beta protein can measure the extent and distribution of plaques in human brains (University of Pittsburg)





(B) FDG images showing decreases in posterior regions for glucose metabolism in AD patient compared to control.

A) PIB imaging showing increased deposition of beta amyloid in the same AD patient compared to the control.